



Friday 7 July, 2017

18:00 – 18:15	OPENING CEREMONY Chair: Prof. Robert Rosenson, USA; Prof. Maciej Banach, Poland Welcome Message: Prof. Maciej Banach
18:15 – 18:45	Opening Lecture: Using cardiovascular risk to guide antihypertensive treatment – implications for the pre-elderly and elderly: <u>Prof. Paul Muntner, USA</u>
18:45 – 19:15	New Lipid Lowering Agents (PCSK9 Inhibitors, Bempedoic Acid, Apabetalone) in the Elderly? The State of the Recent Knowledge <u>Prof. Maciej Banach, Poland</u>
19:15 – 19:30	Discussion
19:30	Get Together Reception

Saturday 8 July, 2017

08:30 – 10:00	Session: LIPID Lowering Therapy Chair: Dr. Corina Serban, Romania
08:30 – 08:50	The Guidelines on the Dyslipidemia Management in the Elderly: <u>Prof. Alberico Catapano, Italy</u>
08:50 – 09:10	Lipid-Lowering Therapy-Associated Side Effects - Risk Factors, Management and Prevention in Older Adults: <u>Prof. Robert Rosenson</u>
09:10 – 09:30	Non-Cardiac Arterial Disease and Lipid-Lowering Therapy in the Elderly <u>Prof. Dimitri P. Mikhailidis, UK</u>
09:30 – 10:00	Lipids as Predictors of Clinical Outcomes in Older Adults: <u>Prof. Peter Penson, UK</u>
10:00 – 10:30	Tea/ Coffee Break, Exhibition and Poster Viewing
10:30 – 12:30	Session: Diabetes and its Complication Chair: Dr. Robert Gabor Kiss, Hungary
10:30 – 11:00	Risk factors for falls in older hypertensive adults in US population based on REGARDS and Medicare data: <u>Prof. Paul Muntner, USA</u>
11:00 - 11:30	Anticoagulation, Atrial Fibrillation, and Chronic Kidney Disease in Elderly Patients: <u>Dr. Zbigniew Heleniak, Poland</u>
11:30 – 12:00	Cardiovascular Risk Factors and their Perception in Older Adults: <u>Prof. Zeljko Reiner, Croatia</u>
12:00 – 12:30	Treating the elderly patients with Type 2 Diabetes Mellitus: <u>Dr. Niki Katsiki, Greece</u>
12:30 – 13:30	Meet the Editors: Chair: Prof. Dimitri P. Mikhailidis (EIC of: Current Vascular Pharmacology, Current Medical Research and Opinion); Panelists: Prof. Adrian Covic (International Urology and Nephrology), Prof. Maciej Banach (Archives of Medical Science, AMS- Atherosclerotic Diseases, AMS-Civilization Diseases), Dr. Niki Katsiki (Angiology), Prof. Stephan von Haehling (Journal of Cachexia, Sarcopenia and Muscle, ESC Heart Failure) and Prof. Robert Rosenson (Cardiovascular Drug and Therapy).
13:30 – 15:30	Session: Heart Failure Management in the Elderly Chair: Prof. Peter Penson, UK
13:30 -14:00	Management of Heart Failure in the Elderly - New Data, New Guidelines, New Challenges? <u>Prof. Stephan von Haehling, Germany</u>
14:00-14:30	Polypharmacy and Polypragmasy in Elderly Cardiovascular Patients: <u>Prof. Daniel Pella, Slovakia</u>
14:30-15:00	Sarcopenia - The Current Limits of its Reversibility: <u>Prof. Jaroslaw Fabis (Lodz, Poland</u>

15:00 – 15:30	Tea/ Coffee Break, Exhibition and Poster Viewing
15:30 – 17:00	Session: Nutraceuticals Chair: Prof. Alberico Catapano, Italy
15:30-16:00	Sarcopenic Obesity - What We Know about Pathophysiology, Diagnosing and Prevention? <u>Assoc. Prof. Agata Bielecka-Dabrowa, Poland</u>
16:00 – 16:30	Aging and nutraceuticals - are there any ideal rainbow nutraceutical for aging treatment? <u>Dr. Corina Serban, Romania</u>
16:30 – 17:00	Discussion
17:00 – 19:00	Session: Oral Abstract Presentations Chairs: Prof. Paul Muntner, USA; Maciej Banach, Poland
17:00 – 17:10	Results of Heart Failure Registry Feasibility Study in Iran: Patients Characteristics and Outcomes of First Year Follow Up: <u>Ghasem Yadegarfar, Iran</u>
17:10 – 17:20	Long-Term Testosterone Therapy Improves Blood Pressure, Heart Rate, Pulse Pressure and Rate Pressure Product in Propensity-Matched Hypogonadal Men from a Registry: <u>Farid Saad, Germany</u>
17:20 – 17:30	Exercise Capacity Testing in the Elderly Population: A Tool to Initiate Continuous Exercise Training: <u>Heimo Traninger, Austria</u>
17:30 – 17:40	The Effect Of Ginger Supplementation on the Lipid Profile, Blood Glucose, Quality of Life and Functional Capacity in Patients with Coronary Artery Disease: <u>Maryam Alasvand, Iran</u>
17:40 – 17:50	Rosuvastatin Dose-Dependently Improves Flow-Mediated Dilation, but Reduces Adiponectin Levels and Insulin Sensitivity in Hypercholesterolemic Patients: <u>Kwang Koh, South Korea</u>
17:50 – 18:00	Vascular and Metabolic Effects of Ezetimibe Depend on Dosages of Simvastatin in Patients with Hypercholesterolemia: <u>Kwang Koh, South Korea</u>
18:00 – 18:10	Comparison of Risk Factors of Cardiovascular Diseases among People on Vegan and Omnivorous Diet in Amateur Running: <u>Damian Parol, Poland</u>
18:10 – 18:20	A Novel Method For Decreasing Cardiovascular Disease Risk, Which Benefits Pre-Elderly And Elderly: <u>Thomas Cowan, UK</u>
18:20 – 18:30	The Kidney Function And Selected Single Nucleotide Polymorphisms In Diastolic Heart Failure – Clinical Implications: <u>Agata Bielecka-Dabrowa, Poland</u>

18:30 - 18:40 **The Effect of Intervention to Increase Physical Activity Under the Leadership of Nurses in Individuals with Moderate Risk of Cardiovascular Disease on Decreasing the Risk Level:** Ayse Akgoz, Turkey

18:40 - 18:50 **Cardiac Remodeling and Atherosclerotic Process in Mild to Moderate Copd: Possible Role Of Oxidative Stress And Systemic Inflammation:** Anna Maria Fratta Pasini, Italy

Sunday 9 July, 2017

08:00 - 09:30 **Session: Recent Advances in Cardiovascular Disease Management in the Elderly**
Chair: Prof. Dimitri P. Mikhailidis, UK

08:00 - 08:30 **Opening Lecture: Short and Long-Term Prognosis after Coronary Artery Calcium (CAC) Scoring Among pre-Elderly and Elderly patients at different CV risk:** Prof. Michael Blaha, USA

08:30 - 09:00 **Challenges in the Management of Chronic Kidney Disease in Older Adults:** Prof. Adrian Covic, Romania

09:00 - 09:30 **Nonpharmacological (Lifestyle) Way of Reducing Platelet Reactivity among ACS Survivors:** Dr. Robert Gabor Kiss, Hungary

09:30 - 11:00 **Session: Stroke / Hypertension**
Chair: Prof. Maciej Banach, Poland

09:30 - 10:00 **Ectopic fat concept and cardiovascular risk:** Dr. Niki Katsiki, Greece

10:00 - 10:30 **Cardiovascular Predictors of Ischemic Stroke in Patients without Atrial Fibrillation:** Assoc. Prof. Agata Bielecka-Dabrowa, Poland

10:30 - 11:00 **Antithrombotics in Elderly:** Dr. Robert Gabor Kiss, Hungary

11:00 - 11:30 **Tea/ Coffee Break, Exhibition and Poster Viewing**

11:30 - 13:00 **Session: Hypertension/Preventive Cardiology**
Chair: Prof. Robert Gabor Kiss

11:30 - 12:00 **Debate on how hypertension management in pre-elderly and elderly in the light of the recent guidelines, and studies results including the SPRINT trial - US vs European approach:** Leading: Prof. Maciej Banach, Panellists: Prof. Piotr Janowski, Prof. Daniel Lighezan, Romania, Prof. Michael Blaha, USA

12:00 - 12:30 **Arterial Stiffness and Central Blood Pressure as Goals for Antihypertensive Therapy in Pre - and Elderly:** Prof. Piotr Jankowski, Poland

12:30 - 13:00 **Prevention of CVD in the Elderly Should Begin before we are Elderly:** Prof. Dimitri P. Mikhailidis, UK

12:30 – 14:00

Lunch Break

How to Write Papers: Dr. Niki Katsiki, Greece & Prof. Dimitri P. Mikhailidis, UK

14:00 – 15:30

Closing Session:

Chair: Prof. Michael Blaha, USA

14:00 – 14:30

PCSK9 Inhibitors in Older Adults: What Do We Really Know? Prof. Jacek Rysz, Poland

14:30 – 15:00

Obesity and Hypertension in the Pre - and Elderly? Prof. Daniel Lighezan, Romania

15:00 – 15:30

Statin Nonadherence, Discontinuation and Intolerance in Older Adults: Prof. Maciej Banach, Poland

15:30

Closing